



St. PETER'S UNIVERSITY

St. Peter's Institute of Higher Education and Research

(Declared Under Section 3 of the UGC Act, 1956)

AVADI, CHENNAI – 600 054

TAMIL NADU

B.A. (PSYCHOLOGY)

Code No. - 307

(Effective From 2009 – 2010)

(Distance Education)

Regulations and Syllabi

(I & II & III Year)

St. PETER'S INSTITUTE OF DISTANCE EDUCATION

Recognized by Distance Education Council and

Joint Committee of UGC – AICTE - DEC, New Delhi

(Ref. F. No. DEC/SPU/CHN/TN/Recog/09/14 dated 02.04.2009 and

Ref.F.No.DEC/Recog/2009/3169 dated 09.09.2009)

St. PETER'S UNIVERSITY
St. PETER'S INSTITUTE OF DISTANCE EDUCATION
Chennai – 600 054.

Code No. – 307
B.A. (PSYCHOLOGY)
(Distance Education)

Regulations and Syllabi
(Effective from 2009 – 2010)

- 1. Eligibility:** Candidates who have passed the Higher Secondary Examination conducted by the Government of Tamilnadu, or any other examination recognized as equivalent thereto are eligible for admission to Three Year B.A Programme in Psychology.
- 2. Duration:** Three Years.
- 3. Medium:** English is the medium of instruction and examination.
- 4. Methodology:** The methodology of distance education includes the supply of self-instructional study materials in print format and in CD, face-to-face instruction for theory and practicals for a limited period during week ends and on holidays, provision of virtual class in phased manner, dissemination of information over e-mail, Student - Support Service at various Centres of the University, Continuous Assessment and End Assessment conducted by the University at various parts of India.
- 5. Weightage for Continuous and End Assessment:** There is no weightage for Continuous Assessment unless the ratio is specifically mentioned in the scheme of Examinations. The End Assessment (EA) has 100% weightage.

6. Credit System: Credit system be followed with 36 credits for each Year and each credit is equivalent to 25-30 hours of effective study provided in the Time Table of the formal system.

7. Scheme of Examinations

First Year

Code No.	Course Title	Credit	Marks	
			EA	Total
Theory				
109UTMT01 109UHIT01	Tamil - I Hindi - I	6	100	100
109UEHT02	English - I	6	100	100
109USYT03	Education Psychology	8	100	100
109USYT04	Human Development - I	8	100	100
109USYT05	Basic Psychology	8	100	100
Total		36	500	500

Second Year

Code No.	Course Title	Credit	Marks	
			EA	Total
Theory				
209UTMT01 209UHIT01	Tamil - II Hindi - II	6	100	100
209UEHT02	English - II	6	100	100
209USYT03	Human Development - II	8	100	100
209USYT04	Psychological Statistics	8	100	100
209USYT05	Experimental Psychology	8	100	100
Total		36	500	500

Third Year

Code No.	Course Title	Credit	Marks	
			EA	Total
Theory				
309USYT01	Abnormal Psychology	8	100	100
309USYT02	Counselling Psychology	7	100	100
309USYT03	Human Resource Development	7	100	100
309USYT04	Psychology and social issues	7	100	100
309USYT05	Rehabilitation Psychology	7	100	100
Total		36	500	500

8. Passing Requirements: The minimum pass mark (raw score) be 40% in End Assessment.

9. Grading System: Grading System on a 10 Point Scale be followed with 1 mark = 0.1 and the conversion of the Grade point as given below.

$$\begin{aligned} \text{Overall Grade Point Average (OGPA)} &= \frac{\text{Sum of Weighted Grade Points}}{\text{Total Credits}} \\ &= \frac{\sum (EA)C}{\sum C} \end{aligned}$$

The Overall Grade: The Overall Grade and Classification of all successful candidates be arrived at from the Overall Grade Point Average as stipulated in the following conversion Table.

Grade	Over all Grade Point Average(OGPA)	Over all weighted Average marks	Classification
0	9.00 to 10.00	90.00 to 100	First Class
A	8.00 to 8.99	80.00 to 89.99	First Class
B	7.00 to 7.99	70.00 to 79.99	First Class
C	6.00 to 6.99	60.00 to 69.99	First Class
D	5.00 to 5.99	50.00 to 59.99	Second Class
E	4.00 to 4.99	40.00 to 49.99	Third Class
F	0.00 to 3.99	0.00 to 39.99	Fail

The Grade Sheets of successful candidates provide particulars such as (1) Overall weighted Average Marks, (2) Overall Grade Point Average, (3) Overall Grade and (4) the Overall classification.

10. Pattern of the Question Paper: The question paper for the End Assessment will be set for three hours and for a maximum of 100 marks with following divisions and details.

Part A: 10 questions (with equal distribution to all the units in the syllabus). Each question carries 2 marks.

Part B: 5 questions with either or type (with equal distribution to all the units in the syllabus). Each question carries 16 marks.

The total marks scored by the candidates will be calculated to the maximum prescribed in the Regulations.

11. Syllabus

109USYT03 – EDUCATION PSYCHOLOGY

UNIT – 01

Educational Psychology – Nature and Scope – Importance – Development Process – Stages of Development

UNIT – 02

Characteristics of Physical – Mental – Emotional And Social Development at Each Stage

UNIT-03

Heredity and Environment

UNIT -04

Learning – Nature – Types of Learning – Thordike’s Law of Learning

UNIT- 05

Motivation – Memory and Methods of Memorization

UNIT -06

Intelligence – Its Nature and Measurement

UNIT -07

Individual Differences and Creativity

UNIT -08

Personality and Its Development

UNIT -09

Adjustment and Maladjustment

UNIT-10

Mental Hygiene

UNIT -11

The Psychology of the Group and Group Dynamics

UNIT-12

Methods Psychology

109USYT04 – HUMAN DEVELOPMENT – I

UNIT – 01

Development – Meaning of Child Growth and Development – Different Aspects of Growth

UNIT – 02

Principles of Development – Factors Affecting Child Development – Heredity and Development

UNIT-03

Steps in Development – Physiology of Pregnancy – Prenatal – Childhood – Adolescence – Prenatal Growth and Development

UNIT -04

Effect of Normal And Scissoring Delivery – Adjustment to New Environment

UNIT- 05

Physical Development of Infant – Sensory Development of Infant – Motor Activity of Infants

UNIT -06

Emotions of Infants – Characteristics of Infant Behavior

UNIT -07

Childhood – Adolescence - Characteristics

UNIT -08

Factors Affecting Growth – Physical Growth – Development of Internal Organs – Development Motor Abilities

UNIT -09

Emotional Behavior – Social Development Stages

UNIT-10

Emotional Behavior – Characteristics – Special Emotions

UNIT -11

Social Development Stages – Development Stages – Play – Types of Play

UNIT-12

Habits – Functions – Habit Formation – Children Delinquency

109USYT05 – BASIC PSYCHOLOGY

UNIT – 01

Psychology – Meaning – Definition And Goals – Behaviourist, Cognitive, Humanistic And Cross – Cultural Perspective.

UNIT – 02

Method – Experimental – Observation – Interview – Questionnaire and Case Study.

UNIT-03

Sensory Perceptual Processes – Nature And Types of Sensation And Perception.

UNIT -04

Attention Process- Definition – Types And Determinants – Principles of Perceptual Organization.

UNIT- 05

Thinking Process – Nature and Types.

UNIT -06

Learning And Memory – Classical And Operant Conditions – Basic Processes Verbal and Observational Learning.

UNIT -07

Memory – Sensory – S.T.M – Long Term Memory – Forgetting – Process And Theories.

UNIT -08

Cognitive And Non- Cognitive Processes – Intelligence – Nature And Types – Motivation – Biological and Socio – Genetic Motives.

UNIT -09

Personality – Nature And Determinants – Approaches To Study Personality – Traits and Types – Assessment of Personality.

UNIT-10

Personality – Determinant – Components of Personality – Personality Assessment – Psychometric and Projective Tests – Self Concept – Origin And Development.

209USYT03 – HUMAN DEVELOPMENT – II

UNIT -01

Human Development – Meaning – Stages – Features

UNIT – 02

Social Development – Meaning – stages – Features

UNIT -03

Emotional Development – Mental Development

UNIT -04

Physical Development – Methods – Growth of Weight and Weight

UNIT -05

Development of a Memory – Principles and Methods of Memorization

UNIT -06

Perceptual Development – Cognitive Development

UNIT -07

Social and Emotional Development

UNIT -08

Development during our Adult Years

UNIT -09

Ageing –Death

UNIT -10

Living Longer and Healthier – Meeting Death

UNIT -11

Development of Habit – Rules and Devices

UNIT - 12

Development of Character – Principles and Methods

209USYT04 – PSYCHOLOGICAL STATISTICS

UNIT -01

Introduction –The Use of Tests – Measurements –The Meaning of Psychological Assessment Evaluation – History of Assessment – Theory And Assessment - Measurement Assessment And Evaluation – Tests and Assessment.

UNIT – 02

Introduction – Definitions of Psychological Test – Statistical Methods in Testing – Frequency Distribution – Graphical Representation of Frequency Distribution – Measures of Central Tendency – Mean, Median and Mode – Calculation of the Mean By Assumed Mean or Short Method – Measures of Central Tendency.

UNIT -03

Measures of Variability: The Range – Quartile Deviation – Average Deviation – Standard Deviation – Merits And Limitations – Calculation of SD By Short Method – The Variance And Standard Its Applications – Skewness and Kurtosis.

UNIT -04

Percentile Ranks – Calculation of Percentiles – Standard Scores and Distributions – Z Score Standard Normal Distribution – Percentile and Z Scores – Mc Calls T- Quartile and Deciles – Stem _ Stanine Scores.

UNIT -05

Correlation – Rank Order – Product Moment – Test of Significance – T- Test- Calculation And Interpretations – The T Ration And Its Assumptions.

209USYT05 – EXPERIMENTAL PSYCHOLOGY

UNIT – 01

Experimental Psychology – Introduction – Background and Development- Scope and Applications

UNIT – 02

Recent Trends In Experimental Psychology – New Approaches

UNIT-03

Experimental Methods in Psychology – Scientific Experiment – Experiment in Psychology

UNIT -04

Univariate Experiment – Meaning – Scope – Importance

UNIT- 05

Formulation of Hypothesis

UNIT -06

Analysis of Data – Auantitative and Qualitative

UNIT -07

Type of Analysis

UNIT -08

Report Writing – Attention

UNIT -09

Sensations – Reaction Time

UNIT-10

Field Experiments

UNIT -11

Psycho Physics – Psychological Scaling Techniques

UNIT-12

Experimental Design

309USYT01 – ABNORMAL PSYCHOLOGY

UNIT – 01

Abnormal Psychology – Meaning And Scope – Importance of The Study

UNIT – 02

Abnormality in Everyday Life – Language of Abnormality – Judging Abnormality

UNIT-03

Psychological Disorders – Classifications, Empirical and Clinical

UNIT -04

Consensual Approach – Features

UNIT- 05

Abnormal Behavior – Criteria For Identifying Behavior Abnormalities

UNIT -06

Classification of Abnormal Behaviors

UNIT -07

Stress – Sources – Models

UNIT -08

Mental Disorders, Changing Conceptions of Mental Disorders

UNIT -09

Disorders of Infancy, Childhood and Adolescences

UNIT-10

Mood Disorders – Anxiety Disorders – Sexual and Gender Disorders

UNIT -11

Bulimia – Substance Use Disorders

UNIT-12

Schizophrenic Disorder – Paranoid Disorders – Depression

309USYT02 – COUNSELLING PSYCHOLOGY

UNIT – 01

Counseling – Introduction , Meaning , Characteristics, Steps Involved in Counseling Process – Types of Counseling, Process

UNIT – 02

Types of Counseling, Qualities of A Good Counselor

UNIT-03

Theories of Counseling – Psychoanalytic Theory

UNIT -04

Guidance – Function, Principles, Types, Guidance Centre

UNIT- 05

Role of Professionals in Guidance Programs – Guidance Vs Counseling.

UNIT -06

Adjustment, Maladjustment and Readjustment.

UNIT -07

Non – Adjustive and Maladjustive Reactions And Its Causes

UNIT -08

Individual And Group Counseling

UNIT -09

Types of Social Interaction

UNIT-10

Perception and Learning in Social Behavior, Behavior of Groups.

UNIT -11

Growth of Counseling Psychology in India – Basic and Applied Psychology

UNIT-12

Hindu Psychology – Psychology in Action

309USYT03 – HUMAN RESOURCE DEVELOPMENT

UNIT – 01

Human Resource Development – Introduction – Origin And Growth – Definition.

UNIT – 02

Nature And Scope, Functions, Role of A Human Resource Manager.

UNIT-03

Challenges To Human Resource Development

UNIT -04

Alternative Views of Human Resource Development

UNIT- 05

Human Resource Planning – Internal And External Supply of Labor.

UNIT -06

Job Analysis – Recruitment – Selection Types of Test – Interviews

UNIT -07

Training – Need and Objectives, Methods

UNIT -08

Workers Participation in Management

UNIT -09

Performance Appraisal, Meaning , Methods

UNIT-10

Compensation Systems – Incentives - Retirement Benefits.

UNIT -11

Welfare Activities – Welfare Schemes

UNIT-12

Trade Union – Organization – Demands - Bargaining

309USYT04 - PSYCHOLOGY AND SOCIAL ISSUES

UNIT – 01

Psychology – Introduction , Definition , Nature and Scope

UNIT – 02

Methods of Psychology – Historical Development

UNIT-03

Branches of Pure And Applied Psychology – Psychology of Individual Differences

UNIT -04

Psychology of Motivation – Behavior – Origin and Development – Body of Behavior

UNIT- 05

Remembering And Forgetting – Retention, Factors Influencing

UNIT -06

Physiological Basis of Memory, Bio-Chemical Basis of Memory

UNIT -07

Psychological Basis of Memory

UNIT -08

Language and Communication – Nature of Language

UNIT -09

Development of Language - Communication

UNIT -10

Non- Verbal Communication, Channel, Source, Formal and Non-Formal Channels

UNIT -11

Social Thought And Social Behavior, Attribution – Social Behavior – Interacting With Other.

UNIT -12

Social Influences – Changing Others Behavior

309USYT05 – REHABILITATION PSYCHOLOGY

UNIT – 01

Rehabilitation Psychology – Meaning –Definition – Historical Perspective – Scope-
Methods.

UNIT – 02

Psychological Approach to Rehabilitation – Social And Psychological Perspective in
Rehabilitation Psychology

UNIT-03

Functions of Rehabilitation Psychology – General Functions – Special Functions

UNIT -04

Assessment – Diagnosis – Treatment – Certification

UNIT- 05

Planning Intervention – Psychoanalytic Approach – Planning and Designing

UNIT -06

Learning Theories and Strategies – Learning Situations

UNIT -07

Counseling Strategies

UNIT -08

Attitude Change – Individuals – Groups – Community

UNIT -09

Using Groups As A Resource – Group Counseling

UNIT -10

Designing Training Programmes For Professionals

UNIT -11

Training Need Analysis – Implementation of Training Programmes.

UNIT -12

Monitory and Impact Studies